Claims:

- 1. An apparatus for sensing deflection in a structural element, comprising:
 - a structural element;
 - a waveguide affixed to the structural element in a fixed relative position;
- a transmitter and receiving apparatus in communication with the

waveguide for sensing a transmitted signal therethrough; and

- a sensing apparatus for correlating sensed modulated signal with a deflection of the structural element.
- 2. The apparatus of claim 1, wherein the structural element is a beam, a cylindrical shaft, and a torsion bar.
- 3. The apparatus of claim 1, wherein the transmitted signal comprises visible and non-visible frequency waves.
- 4. The apparatus of claim 1, wherein the transmitted signal comprises photonic waves and electromagnetic radiation waves.
- 5. The apparatus of claim 1, wherein the waveguide comprises fiber optic cable helically wrapped at 45 ° around the structural element.

- 6. The apparatus of claim 1, wherein the waveguide comprises multiple helical fiber optic cables helically wrapped at 45 ° around the structural element.
- 7. The apparatus of claim 1, wherein the waveguide comprises a fiber optic sleeve coaxially wrapped about the structural element.
- 8. The apparatus of claim 1, wherein the waveguide is driven by the transmitter comprising an electromagnetic radiation transmitter.
- 9. The apparatus of claim 1, wherein the transmitter comprises an LED source.
- 10. The transmitter of claim 9, wherein the LED source comprises a current source and an analog oscillator and emits the transmitted signal through a first end of the waveguide.
- 11. The apparatus of claim 1, wherein the waveguide is driven by a laser light source that emits the transmitted signal through the first end of the waveguide.
- 12. The apparatus of claim 1, wherein the receiver apparatus collects the modulated signal exiting through a second end of the waveguide.

- 13. The apparatus of claim 12, wherein the receiver apparatus conditions and analyzes the modulated signal with a signal processor.
- 14. The apparatus of claim 1, wherein a deformation of the waveguide comprises applying a stress to the structural element.
- 15. The apparatus of claim 14, wherein the stress comprises a torque.
- 16. The apparatus of claim 15, wherein the deformation of the waveguide results in altering an angle of refraction of the waveguide.
- 17. The apparatus of claim 1, wherein a modulation of the transmitted signal is measured by a chromatic dispersion, lost modes, and spectral spreading.
- 19. The apparatus of claim 1, wherein the modulation of the transmitted signal is measured by an attenuation of the transmitted signal as a function of a force applied to an outside surface of the waveguide.
- 20. The apparatus of claim 1, wherein the waveguide is affixed to the structural element in relative position by bonding techniques, using mechanical fasteners, component embedding or molding, and using standoffs.

- 21. The apparatus of claim 1, wherein the waveguide is melted onto the structural element by heating the stress bearing member.
- 22. A photonic torque sensor apparatus that senses torque applied to a stress bearing element in a vehicle, comprising:
 - a waveguide affixed to the stress bearing element wherein a deformation of the waveguide measures the torque applied to the stress bearing element.
- 23. The apparatus of claim 22, wherein the waveguide comprises an optical waveguide.
- 24. The apparatus of claim 22, wherein the stress bearing element is a beam, a cylindrical shaft, and a torsion bar.
- 25. The apparatus of claim 22, wherein the waveguide comprises fiber optic cable helically wrapped at 45 ° around the stress bearing element.
- 26. The apparatus of claim 22, wherein the waveguide comprises multiple helical fiber optic cables helically wrapped at 45 ° around the stress bearing element.

- 27. The apparatus of claim 22, wherein the waveguide comprises a fiber optic sleeve coaxially wrapped about the stress bearing element.
- 28. The apparatus of claim 22, wherein the waveguide is driven by an LED source comprising a current source and an analog oscillator.
- 29. The apparatus of claim 28, wherein the LED source emits a photon carrier wave through a first end of the optical waveguide.
- 30. The apparatus of claim 22, wherein the waveguide is driven by a laser light source that emits the photon carrier wave through the first end of the waveguide.
- 31. The apparatus of claim 22, wherein a receiver collects the modulated transmission signal exiting through the second end of the waveguide.
- 32. The apparatus of claim 22, wherein the receiver conditions and analyzes the modulated transmission signal with a signal processor.
- 33. The apparatus of claim 22, wherein the deformation of the waveguide comprises applying a stress to the stress bearing element.
- 34. The apparatus of claim 22, wherein the stress comprises a torque.

- 35. The apparatus of claim 22, wherein the deformation of the waveguide results in altering an angle of refraction of the waveguide.
- 36. The apparatus of claim 22, wherein the modulation of the transmission signal is measured by a chromatic dispersion, a lost modes, and a spectral spreading.
- 37. The apparatus of claim 22, wherein the modulation of the transmission signal is measured by an attenuation of the propagating transmission signal as a function of a force applied to an outside surface of the waveguide.
- 38. The apparatus of claim 22, wherein the waveguide is affixed to the structural element in relative position by bonding techniques, using mechanical fasteners, component embedding, component molding, and using standoffs.
- 39. The apparatus of claim 22, wherein the waveguide is melted onto the stress bearing element by heating the stress bearing member.
- 40. The apparatus of claim 22, wherein a vehicle is a wheeled, self-powered means for transportation.

- 41. Method for sensing deflection of a structural element comprising:

 fixing a waveguide in relative position to a structural element;

 transmitting a signal through the waveguide; and

 correlating differences in the signal to a deflection of the structural member.
- 42. The method of claim 41, wherein the structural element is a beam, a cylindrical shaft, and a torsion bar.
- 43. The method of claim 41, wherein the signal comprises visible and non-visible frequency waves.
- 44. The method of claim 41, wherein the signal comprises photonic waves and electromagnetic radiation waves.
- 45. The method of claim 41, wherein the waveguide comprises fiber optic cable helically wrapped at 45 ° around the structural element.
- 46. The method of claim 41, wherein the waveguide comprises multiple helical fiber optic cables helically wrapped at 45 ° around the structural element.
- 47. The method of claim 41, wherein the waveguide comprises a fiber optic sleeve coaxially wrapped about the structural element.

- 48. The method of claim 41, wherein the waveguide is driven by the transmitter comprising an electromagnetic radiation transmitter.
- 49. The method of claim 41, wherein the transmitter comprises an LED source.
- 50. The transmitter of claim 49, wherein the LED source comprises a current source and an analog oscillator and emits the signal through a first end of the waveguide.
- 51. The method of claim 41, wherein the waveguide is driven by a laser light source that emits the signal through the first end of the waveguide.
- 52. The method of claim 41, wherein the receiver apparatus collects the modulated signal exiting through a second end of the waveguide.
- 53. The method of claim 41, wherein the receiver apparatus conditions and analyzes the modulated signal with a signal processor.
- 54. The method of claim 41, wherein a deformation of the waveguide comprises applying a stress to the structural element.
- 55. The method of claim 41, wherein the stress comprises a torque.

- 56. The method of claim 55, wherein the deformation of the waveguide results in altering an angle of refraction of the waveguide.
- 57. The method of claim 41, wherein a modulation of the signal is measured by a chromatic dispersion, lost modes, and spectral spreading.
- 58. The method of claim 41, wherein the modulation of the signal is measured by an attenuation of the transmitted signal as a function of a force applied to an outside surface of the waveguide.
- 59. The method of claim 41, wherein the waveguide is affixed to the structural element in relative position by bonding techniques, using mechanical fasteners, component embedding or molding, and using standoffs.
- 60. The method of claim 41, wherein the waveguide is melted onto the structural element by heating the stress bearing member.
- 61. Method for manufacturing a sense element immune to noise in a vehicle, the method comprising:

forming a waveguide; and coupling a waveguide to stress bearing element.

- 62. The method of claim 61, wherein the stress bearing element is a beam, a cylindrical shaft, and a torsion bar.
- 63. The method of claim 61, wherein the waveguide comprises fiber optic cable helically wrapped at 45 ° around the stress bearing element.
- 64. The method of claim 61, wherein the waveguide comprises multiple helical fiber optic cables helically wrapped at 45° wrapped around the stress bearing element.
- 65. The method of claim 61, wherein the optical waveguide comprises a fiber optic sleeve coaxially wrapped around the stress bearing element.
- 66. The method of claim 61, wherein the waveguide is affixed to the structural element in relative position by bonding techniques, using mechanical fasteners, component embedding, component molding, and using standoffs.
- 67. The method of claim 61, wherein the waveguide is melted onto the stress bearing element by heating the stress bearing member.
- 68. The method of claim 61, wherein a vehicle is a wheeled, self-powered means for transportation.